

London, 26th February 2026

To Whom It May Concern,

To whom it may concern:

Larysa worked for our family from April 2023 to May 2024. During her time with us, she worked three days per week, 10 hours per day. She worked mainly in shared care alongside another nanny, although on some occasions she was in sole charge of our children. Her working days were during the daytime on weekdays.

Larysa's duties included taking the children out for walks, engaging them in age-appropriate play, preparing and serving meals, feeding them, and supporting their daily routines. She was responsible for maintaining a structured and nurturing environment and ensuring the boys' needs were consistently met.

Our twin boys were five months old when Larysa began caring for them. During her time with us, she played an important role in supporting their early development. She was attentive, patient, and proactive in engaging them in stimulating activities appropriate to their age. She also helped us organise and maintain a consistent daily routine, offering many helpful tips and practical advice that we greatly appreciated as parents of twins.

Although she usually worked alongside another nanny, Larysa demonstrated that she was fully capable of caring for both boys independently. On the occasions when she was solely responsible for them, she managed confidently and calmly, including successfully putting both children down for naps on her own. Her reliability, warm nature, and organised approach made her a trusted and valued member of our household.

Our working relationship came to a natural end due to changes in our childcare arrangements, and not due to any dissatisfaction with her work.

Yours sincerely,
Yuliya Polyakova

